

Yes



No



Stop



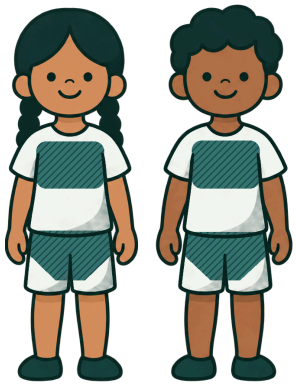
Help



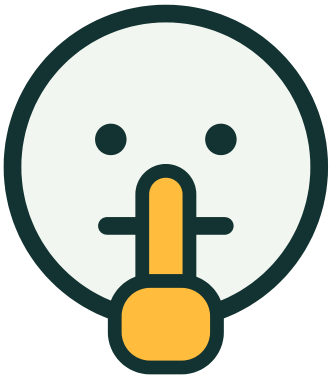
Hurt



Touch



Private



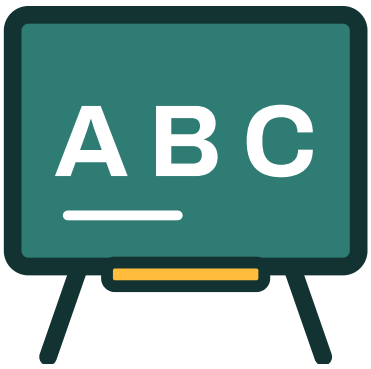
Secret



Tell



Mummy



Teacher



1098

Pointing cards: instructions for the adult

Safe touch and unsafe touch

Use these cards with a child who does not speak, or who finds words hard. Add them to the child's own signs or picture board. Do not replace what already works.

Teach the cards on a calm, ordinary day. Point to each card, say the word, and let the child copy. Use "Private" with the poster map, and "Yes" and "No" in everyday choices, such as "Do you want a hug?"

Write the child's own word on the Mummy card (Amma, Maa, Aai or another) and your name on the Teacher card.

Keep a set where the child can reach it without asking: on the desk, in the bag, by the bed.

When the child points to a card, let them lead. Never point to a card yourself and ask "Did this happen?" Never suggest a name or an act.

A young child, or a child with a disability, may tell in pieces, or through play or drawing. That still counts. The child has a right to an interpreter or a special educator if they need one, so ask for one.

If a child in India tells you someone touched or abused them, stay calm. Tell them you believe them and that it is not their fault. Keep them away from the person they named, and do not confront that person. Then call 1098, India's Child Helpline. If anyone is hurt or in danger now, call 112.



Yes



No



Stop



Help



Hurt



Touch



Private



Secret



Tell



Mummy



Teacher



1098

1098 **Child Helpline.** Any worry about a child's safety, day or night, even if you are not sure what it means.

112 **Emergency.** Someone is hurt or threatened now, or the person shares the home and you cannot keep the child away.

© 2026 Shashank Ayyar · CC BY-NC-ND 4.0 · Free to print and share, not to sell or change · Other languages: kaaval.org